

Full Report (All Nutrients) 45109457, MICHELINA'S, LEARN GOURMET, FOUR CHEESE ZITI WITH MEAT SAUCE BAKE, UPC: 717854106801

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**Report Date: June 19, 2017 16:43 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Bellisio Foods Inc

Nutrient	Unit	Data points	Std. Error	227.0 g 227g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	261	115
Protein	g	--	--	11.01	4.85
Total lipid (fat)	g	--	--	6.99	3.08
Carbohydrate, by difference	g	--	--	37.00	16.30
Fiber, total dietary	g	--	--	3.0	1.3
Sugars, total	g	--	--	6.99	3.08
<b>Minerals</b>					
Calcium, Ca	mg	--	--	100	44
Iron, Fe	mg	--	--	2.70	1.19
Sodium, Na	mg	--	--	479	211
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	12.0	5.3
Vitamin A, IU	IU	--	--	400	176
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	2.497	1.100
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	16	7

**Amino Acids**

**Other**

**Ingredients**

COOKED ENRICHED MACARONI PRODUCT (WATER, DURUM SEMOLINA [ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, DICED TOMATOES (TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID), TOMATO PASTE BEEF REDUCED FAT MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, NONFAT MILK, CHEESE CULTURES, MODIFIED CORN STARCH\*, SALT, VITAMIN A PALMITATE, AND ENZYMES, \*INGREDIENT NOT IN REGULAR MOZZARELLA CHEESE), LESS THAN 2% OF ONIONS, SUGAR,

PARMESAN CHEESE (PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), GARLIC (WITH WATER AND CITRIC ACID), CANOLA OIL, ASIAGO CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), ROMANO CHEESE (CULTURED PART SKIM COW'S MILK, SALT, ENZYMES), BEEF BROTH FLAVOR (BEEF BROTH, FLAVOR, SALT), SALT, BURGUNDY WINE (WINE, SALT), GRATED CHEESE BLEND (PARMESAN AND ASIAGO CHEESES [CULTURED MILK, SALT, ENZYMES], NATURAL FLAVOR, CELLULOSE, SALT), GRANULATED GARLIC, TOMATO POWDER (DEHYDRATED TOMATO PASTE), TOMATO PASTE FLAVOR (NATURAL FLAVOR, MALTODEXTRIN, GUM ARABIC, PROPYLENE GLYCOL, CORN STARCH), SPICES, TOASTED ONION POWDER, CELLULOSE, MODIFIED FOOD STARCH, XANTHAN GUM, MALTODEXTRIN AND NATURAL FLAVOR. *Date Last Updated by Company: 05/18/2016*